



**Patient – Healthcare Provider Acknowledgement Form**

PATIENT NAME \_\_\_\_\_ DOB \_\_\_\_\_

This list is an example of medications that should be discontinued, 5-10 days before your procedure, specified by one of our providers or staff. This is not a complete list, so if you are unsure about a certain medication, please make our staff aware.

*\*medications with this symbol may require clearance from your cardiologist*

ADVIL	BAYER	*COUMADIN	FENOPROFEN	NUPRIN
ALEVE	BC POWDER/TABLETS	DARVON	FISH OIL	NYQUIL
ALKA	BUFFERIN	DISALCID	FLORINAL	PAMPRIN
SELTZER	CAMA ARTHRITIS PAIN	DOAN'S	IBUPROFEN	PHENTERMINE
ASPIRIN	RELIEVER	DRISTAN	INDOCIN	*PLAVIX
ANACIN	CLINORIL	DURAGESIC	LODINE	PROPOXYPHEN
ANAPROX	CONGESPRIN	ECOTRIN	LOVENOX	ROBAXISAL
ASCRIPTIN	CHEWABLE TABLETS	EMPIRIN	MIDOL	VITAMIN E
ASPERGUM	CORICIDIN	EXCEDRIN	MOTRIN	*WARFARIN
BAYER	CORICIDIN-D	FELDENE	NAPROSYN	ZORPHIN
BC POWDER OR TABLETS	*CLOPIDOGREL		NORGESIC	

Procedures that require the discontinuation of these medications include:

ACCULOBE/ CALYPSO MARKERS	PROSTATE BIOPSY	TESTOPEL	VANTAS	VASECTOMY	BCG	UDS	CYSTO
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- Patients taking Coumadin may stop taking medications 5 days before any IN OFFICE PROCEDURES ONLY OR AS DIRECTED.
- Patients may take Tylenol or Celebrex up to a few hours before the IN OFFICE PROCEDURE ONLY.

Your signature is required indicating you have received example list of medication. For any questions and/or concerns please call our office.

Prescription  Medication List  Procedure Description Reviewed with Patient (if applicable)

**\*\*Prescriptions are provided to be taken prior to or day of procedures listed above. Additional prescriptions will not be disbursed due to the reschedule or cancellation of a procedure.\*\***

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Staff Signature \_\_\_\_\_ Date \_\_\_\_\_

## VASECTOMY INSTRUCTIONS

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### BEFORE

- **ON THE DAY OF YOUR PROCEDURE YOU MUST HAVE A DRIVER.**
- IF YOU ARE TAKING ANY OF THE MEDICATIONS ON THE BLOOD THINNERS SHEET (SEE ATTACHED), STOP THEM 7-10 DAYS PRIOR TO YOUR PROCEDURE.
- TAKE YOUR ANTIBIOTICS (1<sup>ST</sup> DOSE 2 HOURS BEFORE THE VASECTOMY).
- TAKE YOUR VALIUM 1 HOUR BEFORE WITH FOOD.
- **SHAVE THE FRONT OF THE SCROTUM THE NIGHT BEFORE OR THE MORNING OF THE VASECTOMY.**
- **YOU WILL NEED TO WEAR SNUG-FITTING UNDERWEAR THE DAY OF YOUR VASECTOMY.**

### AFTER

- TAKE IT EASY FOR THE REST OF THE DAY.
- APPLY ICE OR A BAG OF PEAS FOR 4 HOURS AFTER THE VASECTOMY.
- TAKE YOUR PAIN MEDICATION AND THE REST OF YOUR ANTIBIOTICS AS PRESCRIBED.
- YOU MAY NEED TO TAKE A STOOL SOFTNER TWICE A DAY TO AVOID CONSTIPATION FROM THE PAIN MEDICATION. (COLACE IS AN OVER THE COUNTER OPTION)
- YOU MAY SHOWER 24 HOURS AFTER THE VASECTOMY. (AVOID BATHS AND POOLS FOR 1 WEEK)
- NO HEAVY LIFTING FOR THREE TO FIVE DAYS.
- NO INTERCOURSE DURING THE FIRST WEEK.
- EJACULATE AT LEAST TWICE PER WEEK, STARTING ON WEEK #2.
- BRING A FRESH SPECIMEN INTO THE OFFICE ON WEEK #8.
- CONTINUE TO USE ANOTHER FORM OF BIRTH CONTROL UNTIL WE HAVE NOTIFIED YOU OF YOUR SPECIMEN RESULTS.

